



## **1<sup>ST</sup> Mamanet USA Seminar & Tournament, New Jersey**

<b>Venue:</b>	<b>Kaplen JCC on the Palisades</b> 411 E Clinton Ave, Tenafly, NJ 07670
<b>Date:</b>	March 1st -5th, 2017
<b>Registration:</b>	on Mamanet <a href="http://www.mamanet.org.il">website</a> until February 10th, 2017
<b>Arrival:</b>	on your own
<b>Accommodation &amp; Food:</b>	on your own
<b>Cost:</b>	\$80/person for the entire 5 days
<b>Your registration includes a FREE Dry-Fit shirt, a professional training certificate (Level 1) and participation in all games, activists and training.</b>	

The **Israeli Mamanet** (Cachibol) league is the largest social-sports project in Israel targeting specifically mothers. It was established in 2005 and has since spread to thousands of players all across the country. It is a unique and innovative model, challenging the existing status of women and combines sport, health and community involvement. Mamanet model is being adopted around the world by a wide range of women no matter what is their age, race, religion, weight or physical condition, emotional state and socioeconomic background.

**Mamanet Academy** is coming to NJ on order to promote Cachibol to a wider audience, to certify game Coaches, Referees & Scorers, train league Professional Coordinators, reach a wider community of mothers. and develop the international activity, through diversified courses including technical and theoretical studies

During five days of **Seminars** we will focus on topics such as Professional Game Technics, League Administration, Regulations and Community Building.



**Mamanet © All Rights Reserved 2005**

**Mamanet -Mothers Cachibol League | 134 Harimon St. | P.O Box 407 | Neve Yarek 49945 | Israel**  
**Tel: +972-54-3503355 | Fax +972-3-5225501| Mail : [info@mamanet.org.il](mailto:info@mamanet.org.il) | <http://www.mamanet.org.il>**



## Seminars objectives:

- Improve the knowledge and competence of coaches and professional coordinators.
- To present the most recent trends of the modern game of Cachibol.
- To establish a unified system for training coaches, referees and administrators in all zones.
- To enable each local Mamanet League to develop its community activities together with an internal method of training and qualifying coaches and professional team.
- To exchange ideas and experiences

## Type of Seminars:

<b>Level I</b>	<p><b>Coaches seminar:</b> Basic Cachibol techniques and tactics (12 hrs.)</p> <p><b>Professional Certification:</b> Refereeing course (6 hrs.) <b>Free to teenagers</b></p> <p>Scorers course (3 hrs.) <b>Free to children and teenagers</b></p> <p>Professional Coordinators course (3 hrs.)</p> <p><b>Players training:</b> Basic Cachibol techniques and tournaments (16 hrs.)</p>
----------------	--

All Technical Seminars are delivered both in a classroom and on the court.



Mamanet © All Rights Reserved 2005

Mamanet -Mothers Cachibol League | 134 Harimon St. | P.O Box 407 | Neve Yarek 49945 | Israel  
Tel: +972-54-3503355 | Fax +972-3-5225501 | Mail : [info@mamanet.org.il](mailto:info@mamanet.org.il) | <http://www.mamanet.org.il>



PROGRAM					
	Wednesday March 1	Thursday March 2	Friday March 3	Saturday March 4	Sunday March 5
<b>Coaching</b>  One course	16:00-17:30 Theoretical-Class 1  18:00-20:00 Gym 1	10:00-12:00 Gym 1	10:00-12:00 Gym 1  12:45-14:15 Theoretical-Class 1	19:00-21:00 Gym 1  21:00-21:30 Certificate	
<b>Refereeing</b>  Two courses	16:00-18:00 Class 2	09:00-10:30 Theoretical-Class 2  10:30-12:00 Practical- Gym 2  12:00-12:30 Certificate		19:00-21:00 Theoretical Class 1	09:00-10:30 Theoretical-Class 1  10:30-12:00 Practical-Gym 2  12:00-12:30 Certificate
<b>Scorers</b>  Three courses	16:30-18:00 Theoretical-Class 3	09:00-10:30 Theoretical-Class 1  10:30-12:00 Practical-Gym 2  12:00-12:30 Certificate		19:00-21:00 Practical-Gym 2 21:00-21:30 Certificate	09:00-10:30 Theoretical-Class 2  10:30-12:00 Practical-Gym 2  12:00-12:30 Certificate
<b>Players Training and tournaments</b>  <b>Every day</b>	16:00-17:30 Mamanet Captain's role -Class 3  18:00-20:00 Catch and pass Gym 2	10:00-12:00 Tournament-Gym 2  16:00-18:00 Spike-Gym 2	10:00-12:00 Block-Gym 2  13:00-15:00 Tournament-Gym 1  Tournament -Gym 2	19:00-21:00 Tournament-Gym 2  Tournament-Gym 3  Attack Tactics Gym 4	10:00-12:00 Tournament-Gym 2  13:00-15:00 Tournament-Gym 2  15:30-17:00 Mamanet Captain's role -Class 1
The Tournament is an opportunity for all players to evaluate the competition for the new season, as well as develop respect and camaraderie among players. Players who participate regularly in tournaments are better prepared to meet the game challenges ahead of them.					
<b>Professional Coordinators</b>  One seminar					13:00-15:00 theoretical Class 2

The organizing committee reserves the right to modify or substitute any of the above based on number of attendees in each course

Looking forward to seeing you!

Professional Committee Director  
Mr. Ziv Sedbon  
[ziv.mamanet@gmail.com](mailto:ziv.mamanet@gmail.com)

Mamanet Chairwoman  
Mrs. Ofra Abramovich  
[ofraab.mamanet@gmail.com](mailto:ofraab.mamanet@gmail.com)

Mamanet C.E.O  
Mrs. Galit Avshalom  
[galit.mamanet@gmail.com](mailto:galit.mamanet@gmail.com)

Mamanet © All Rights Reserved 2005

Mamanet -Mothers Cachibol League | 134 Harimon St. | P.O Box 407 | Neve Yarek 49945 | Israel  
Tel: +972-54-3503355 | Fax +972-3-5225501 | Mail : [info@mamanet.org.il](mailto:info@mamanet.org.il) | <http://www.mamanet.org.il>



**Nearby hotels:**

**The Clinton Inn Hotel & Event Center Tenaflly NJ**

145 Dean Drive • Tenaflly, New Jersey 07670

Phone: (201) 871-3200 • Fax: (201) 871-3435

<http://www.clinton-inn.com/>

**Crowne Plaza Englewood NJ Hotel**

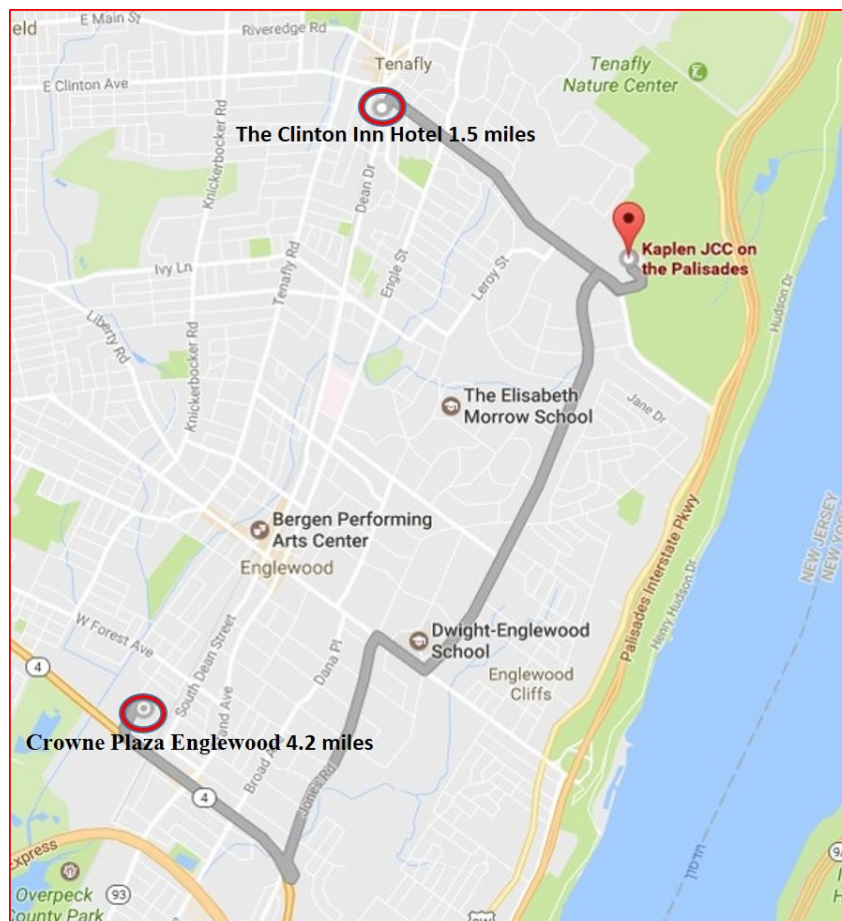
401 S. Van Brunt Street • Englewood, NJ 07631

Phone: (201) 871-2020 • Fax: (201) 871-6904

Toll Free: (800) 972-3160

<http://www.cpenglewoodhotel.com/>

**Orientation map:**



**Mamanet © All Rights Reserved 2005**

**Mamanet -Mothers Cachibol League | 134 Harimon St. | P.O Box 407 | Neve Yarek 49945 | Israel**  
**Tel: +972-54-3503355 | Fax +972-3-5225501 | Mail : [info@mamanet.org.il](mailto:info@mamanet.org.il) | <http://www.mamanet.org.il>**



MAMANET INTERNATIONAL  
PROFESSIONAL COMMITTEE  
NJ SEMINAR INFORMATION  
March 1 -5, 2017



## Sport association - CSIT



Mamanet © All Rights Reserved 2005

Mamanet -Mothers Cachibol League | 134 Harimon St. | P.O Box 407 | Neve Yarek 49945 | Israel  
Tel: +972-54-3503355 | Fax +972-3-5225501 | Mail : [info@mamanet.org.il](mailto:info@mamanet.org.il) | <http://www.mamanet.org.il>



**No Registration Will Be Confirmed Without Payment in Full**

**Terms & Conditions:**

- ☐ The undersigned states that he/she understands that Mamanet shall not be responsible for or liable for any illness, or injury to person or damage to property resulting from the program in which the undersigned is enrolling or being enrolled or from his/her participating in said program.
  - ☐ Each participant is responsible for obtaining insurance that cover sports activities.
  - ☐ Team is selected by Mamanet Professional Committee based on registrations received.
  - ☐ Mamanet keeps the right to change the schedule based on number of registration.
  - ☐ All terms and condition are acceptable.
- 
- ☐ **By registering to the 1<sup>st</sup> Mamanet USA Seminar & Tournament I agree to all the above Terms & Conditions.**

**Mamanet © All Rights Reserved 2005**

**Mamanet -Mothers Cachibol League | 134 Harimon St. | P.O Box 407 | Neve Yarek 49945 | Israel  
Tel: +972-54-3503355 | Fax +972-3-5225501| Mail : [info@mamanet.org.il](mailto:info@mamanet.org.il) | <http://www.mamanet.org.il>**